

Community mental health tobacco treatment training

Training guide: Module 10

Vaping - evidence-based guidance for people with SMI

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Importance:

- Advisors need to feel confident about having a positive conversation with people with SMI about vaping as part of a quit attempt.
- It is important for advisors to feel confident about advising people with SMI about vape use and how to incorporate into their quit plan.
- In addition, recognise how vapes can reduce tobacco consumption and exposure to secondhand tobacco smoke.

Purpose:

- To demonstrate an understanding of the mechanism by which smoking and stopping smoking affects the metabolism of some psychotropic medications.
- To be aware of the importance of involving the care team and prescriber in a medication review.
- To be aware of cautions related to Clozapine.
- To increase advisors confidence in their role in the medications review and working with the patient's care team as part of the patient's quit attempt

Process:

- Presentation
- Group discussion
- Film clip

Resources:

- PowerPoint presentation
- Film clip

Presenter's notes

Presenter's notes are found in the notes view of the PowerPoint slides. The presenter's notes provide a suggested method for presenting training content and identify